

## World Challenge in Malaysia and Borneo 2013

Sophie Almond, of New Road, Dinton, went to Malaysia and Borneo on a World Challenge and had an amazing time, experiencing a different culture and pushing herself to her limits. Here are some of her experiences:



### Malaysia

We spent the first week in Malaysia, flying into Kuala Lumpur via Qatar. KL was full of interesting sights and smells and we visited the open air bird aviary there. We also went up the KL tower for afternoon tea and enjoyed the amazing views.

We spent two days with children and adults at the Kirtash Handicap Centre. It was challenging, but also rewarding working with those less fortunate than ourselves. We did two day treks in the Cameron Highlands, and the steep and dangerous terrain meant progress was slow! We managed to walk two miles in the wrong direction on one day – needless to say morale was low!

## Borneo

We travelled on a small 12 seater plane from Miri to Bario in Borneo. The plane felt like it was going to fall apart and we had to be weighed along with our bags! The views were amazing though. We were supposed to spend 4 nights in the Borneo rainforest. Our leader, Mark, got bitten by a snake on the second day and had to be rushed to hospital – he spent 9 days there.





Sophie is now settled at university after her adventure, and wants to thank everyone who helped her in her achievement.